

Ephesians 1:3

You have been blessed with **EVERY** spiritual blessing

IN CHRIST



These MARBLES represent these blessings

1st – Look at the pile of them. **ALL** of them are yours. Not one is unavailable to you.

2nd – Take 1 marble with you **&** the prompt on the table.

Station 1 PROMPT: Eph. 1:3 – ALL spiritual blessings are ours in Christ.

This marble you hold in your hand represents ALL the spiritual blessings we have as Christians. Here is a list of the ones found just in Ephesians 1:

- All spiritual blessings (1:3)
- Chosen (1:4; 11)
- Holy (1:4)
- Blameless (1:4)
- Predestined (1:5; 11)
- Adopted (1:5)
- Sons – sonship (1:5)
- Loved (1:5)
- Redeemed (1:7)
- Forgiven (1:7)
- Lavished with grace (1:8)
- We have purpose: the praise & glory of God (1:12)
- Saved (1:13)
- Sealed & secure (1:13)
- Access to wisdom & understanding (1:17)
- Ability to know God (1:17)
- Great hope (1:18)
- A rich & abundant inheritance (1:19)
- Access to power (1:19)

- 1) Look at this list & read over chapter 1– do you see any blessings that aren't on this list?
- 2) Go through the list and circle the ones that more connect with you. Why is that?
- 3) Then take some minutes to look at each blessing you circled. Write down (or turn to) some other scriptures that help you understand this blessing in a fuller way.
 - Use the back of your bible OR Google if none come immediately to your mind
- 4) LASTLY spend some time praising God for this new identity & how it has changed your life.

Ephesians 1:4

BEFORE the creation of the world



God **CHOOSE** you



Station 2 PROMPT: BEFORE the creation of the world, God **CHOOSE** you...

God didn't CHOOSE us because we were so great. He didn't want us because we earned it. He chose us despite who we were and knowing we would never get to the place to "deserve" it.

1) Look at the image on the table and take a moment to contemplate the significance of what it says.

**** What He did completely changed the path & trajectory we were on ****

2) Do you remember who that person was (pre-Christ) that God chose? Take some moments to **thank the LORD** that He didn't leave you there...when you were a sinner, Christ died for you. (see Rom. 5:8; 1 Tim. 1:15-17)
Romans 7:24-25 – What a wretched man I am! Who will rescue me from this body of death? Thanks be to God – through Jesus Christ our LORD!

3) **Col. 3:12-14** – As **God's CHOSEN people**, holy and dearly loved, clothe yourself with compassion, kindness, humility, gentleness, and patience. Bear with each other and forgive whatever grievances you may have against one another. And over all these virtue's put on love, which binds them all together in perfect unity... (read more in Colossians 3)

Taking it to the next level: **Who** do you know that NEEDS to hear that message and what is your plan to share that with them?

- That could mean: Invite them to coffee and begin to engage that relationship at a deeper level? Maybe begin to pray for them – AND actively look for the next step. Maybe your relationship with them is strained...so what can you do to bridge that gap? What can you do to reach out and be available? ...how might you be able to be more intentional with them?
- If you need a prayer bookmark – take as many as you need.

**PRAY FOR
SCHOOLS** 

Walk the hallways of RPHS praying

Prayer requests & suggestion page
are available if desired



PRAY
FOR OUR SCHOOLS



Station 3 PROMPT: PRAYER walk

The importance of taking our requests, praise, cries & admiration to God...

- Very early in the morning, while it was still dark, Jesus got up, left the house & went off to a solitary place, **where He prayed.** – Mk. 1:35
- And **when you pray...** – Matt. 6:5a (not “if” but “when”)
- **Pray continually** – 1 Thes. 5:17
- “Do not be anxious about anything, but in everything **through prayer and petition, with thanksgiving, present your requests to God.** And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.” – Phil. 4:6-7
- “**Love** your enemies **and pray** for those who persecute you. – Matt. 5:44
- Then Jesus told His disciples a parable to show them that **they should always pray** & not give up... – Lk. 18:1-8

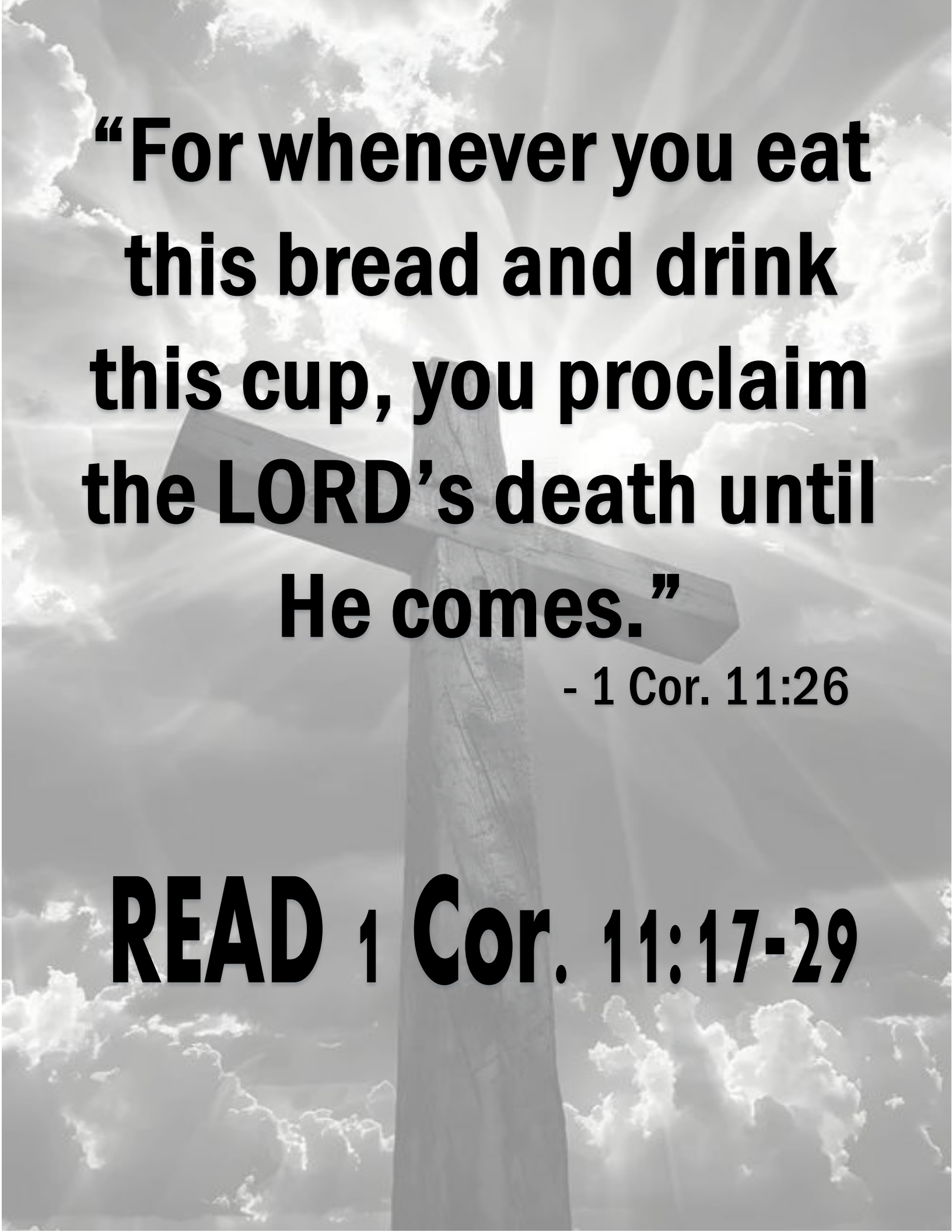
Prayer can be done anywhere but we have a great opportunity at our church to do this in a public space. To walk the halls – praying for kids; teachers; support staff; our community and more.

2 Chron. 7:12-14: The Lord appeared to him (Solomon) at night and said: “I have heard your prayers & have chosen this place for Myself as a temple for sacrifices. When I shut up the heavens so that there is no rain, or command locusts to devour the land or send a plague among my people, IF my people, who are called by my name will humble themselves & pray & seek My face & turn from their wicked ways, then will I hear from heaven & will forgive their sin & heal their land.

Although this command was given by God to Solomon – in this very particular place & time – you can see that God promises His power, might & presence to show up when His people seek Him & pray.

TAKE SOME TIME to do this. Do so over classrooms, common areas & where God might lead...

- IF you are not at Rex Putnam right now – take some time where you are to do this.



**“For whenever you eat
this bread and drink
this cup, you proclaim
the LORD’s death until
He comes.”**

- 1 Cor. 11:26

READ 1 Cor. 11:17-29

Station 4 – COMMUNION PROMPT:

PARENTS – IF you have young ones who want to take, walk through this with them

BEFORE you partake, examine your heart...

- Is there some stuff that you need to get right before you can take?
- Are there some folks (in the family) that you need to get right with?

READ 1 Corinthians 11:23-27

- Don't just go through the "religious" motions...!
- This is a serious deal!
- We're remembering & celebrating God's gift of salvation

After time of reflection

1. Break off some bread. Say a little prayer thanking God for salvation in Christ and then eat.
2. Grab a cup of juice. In the same way thank God that He came and paid your price with His life, then eat.

CLOSE: God thank you for your rich provision, that when I was lost, You found me. When I was a stranger, you invited me in. When I was hungry, you gave me food. I do this today in remembrance and praise of who You are. Amen.